

**BERMUDIAN SPRINGS SCHOOL DISTRICT**  
**7335 Carlisle Pike**  
**York Springs, PA 17372**

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David W. Orwig, Athletic Director

**BERMUDIAN SPRINGS SCHOOL DISTRICT**  
**Athletic Department**  
**York Springs, Pennsylvania**

**REQUIREMENTS – VARSITY LETTER AWARDS**

**Baseball**

Letter winners must play a total of  $\frac{1}{2}$  the total innings. Pitchers must appear in  $\frac{1}{3}$  the total games. Athletes who do not reach these totals, but make contributions to the team, are awarded letters at the discretion of the coaches.

**Boys Basketball**

Any player who practices and competes with the Varsity Basketball Team for a complete season will have earned a varsity letter and/or sport insert.

Any player who moves up from junior varsity to varsity level during the course of the season must compete in at least  $\frac{1}{2}$  of the total games on the varsity schedule in order to earn a letter and/or sport insert.

Any player who competes in at least  $\frac{1}{2}$  varsity games during a single season will have earned a service bar for that season after already earning a varsity letter.

All awards shall be awarded at the discretion of the coach.

**Girls Basketball**

An athlete must complete a full season unless injured and participate in 50% of game quarters. Athletes who do not reach these totals, but make contributions to the team, are awarded letters at the discretion of the coaches.

**Cheerleading**

An athlete must complete a full season on the varsity cheerleading squad. Athletes are required to participate at 100% of all practices and events unless there is illness, family emergency, or a school or head coach approved absence. Athletes who do not fulfill these requirements may be awarded a varsity letter at the discretion of the head coach. Athletes who have participated in the cheerleading program for two or more seasons, and have not lettered by the end of their junior year, shall be eligible to earn his/her cheerleading letter – **Updated April 2016**

### Cross Country

Point scorer in 70% of meets run (i.e. first five in every meet: first 8 in every meet won). Must attend all invitationals unless an injury hinders participation. Must attend county championship, district championship, and state championship races if qualified unless injury hinders participation. May not miss any season meets unless an injury hinders participation.

All awards shall be at the discretion of the head coach.

### Field Hockey

An athlete must complete a full season unless injured and participate a minimum of 80% of all varsity games in order to earn a varsity letter.

Any senior who participates and competes with the varsity team for a complete season will have earned a varsity letter. Athletes who do not reach this total, but make contributions to the team, are awarded letters at the discretion of the coaches.

### Football

Based on number of plays (participated in) from scrimmage and overall performance while representing BSHS on the field and off.

Players need to participate in 40% of the total number of plays from scrimmage

The “over-all-performance” is evaluated subjectively by the coaching staff and may, in exceptional circumstances, outweigh the player-participation variable.

(a) Exceptional circumstances may include a player whose performance is outstanding (blocked 7 punts, kicked 3 game winning field goals, and the like), be in a consistent rotation of an offensive or defensive position, be on all special teams throughout the season, or an individual who by improving throughout the year, wins a starting position late in the season (w/o reaching established % of plays).

(b) Conversely, a player who violates particular policy (football or school), but is subject to suspension even having met the above criterion may not receive a letter pending coaches’ evaluation.

Athletes who have completed two or more seasons with the program and have not reached these totals but make contributions to the team, are awarded letters at the discretion of the coaches. - **Updated November 2016**

### Managers and/or Trainers

A letter and insert will be awarded to a manager and/or trainer after their second year of successful work with a team

### Girls Softball

An athlete must complete a full season, unless injured, and participate in ½ total innings of the season.

### Track

Average of 2 team points per dual meet. In addition to averaging two points per dual meet you may also get team points at invitationals that can be used towards earning your varsity letter at the coaches discretion.

Also, team members who have completed two or more seasons and have not reached these totals but make contributions to the team, are awarded letters at the discretion of the coaches. –

**Updated May 2018**

### Tennis

1. Play in at least **8** varsity matches during the tennis season (this includes any singles matches 1-5 and the number 1 and 2 double matches).
2. Finish the season in good standing.
3. An athlete must display sportsmanship and conduct which exemplifies the school to her opponent, spectators, teammates, and coaches and must conform to practice and game rules/regulations as established by the school and the coach.
4. The coach reserves the right to make an exception to these requirements if there is just cause. – **Updated April 2016**

### Volleyball

Must have participated in 50% of total varsity games.

### Wrestling

Must have competed in at least one-third of the varsity matches including holiday tournaments, or represented the team in post season tournaments such as sectionals, districts, etc.

Wrestlers who have competed on the team two or more seasons and have not met the requirements for a varsity letter but have made a significant contribution to the team through participation may be awarded a varsity letter at the discretion of the head coach. – **Updated February 2017**

### Golf

Must have participated in 50% of contests during the golf season.

### Soccer

In order for an athlete to letter for soccer, an athlete must have participated in 50% of all varsity halves throughout the regular season to receive a Varsity letter.

Athletes who have completed two or more seasons with the program and have not reached these totals but make

contributions to the team, are awarded letters at the discretion of the coaches. - **Updated April 2016**

